



MENU

CORPORATE BREAKFAST

Donuts Are Overrated. Our Breakfasts Are Designed to Taste Delicious, Look Great, & Nourish Your Team for Success.

LOVABLES CONTINENTAL BREAKFAST

\$12 Per Person | Minimum 10 Guests

Our Freshly Baked Pastry
Breakfast Includes:

Bagels, Croissants, Fruit Bread, Danish
Butter, Cream Cheese, Jelly, Yogurt, &
Tropicana Orange Juice.

Served With Choice of Seasonal Fruit
Salad or Sliced Fruit Platter.

GOOD HEART BREAKFAST

\$11 Per Person | Minimum 10 Guests

Traditional Bagels with Light Cream
Cheese, Low-Fat Muffins with Preserves,
Yogurt, Granola Bars, Special K
Cereal with 2% Milk, &
Tropicana Orange Juice.

Served With Choice of Seasonal Fruit
Salad or Sliced Fruit Platter.

HAVANA EXPRESS

\$14 Per Person | Minimum 15 Guests

Freshly Baked, Traditional Latin Calle
Ocho Pastries. Guava, Queso & Carne
Pastellitos, Croquetas, Fresh Cuban
Bread, & Tropicana Orange Juice.

Served With Choice of Seasonal Fruit
Salad or Sliced Fruit Platter.

À LA CARTE

These Items May Be Added to Your Breakfast:

Atkins Meat & Cheese Platter
\$4 Per Person

Quiche Lorraine
\$4 Per Person

Salmon, Tomatoes, Onions, Capers
\$4 Per Person

Quiche Florentine
\$4 Per Person

Crispy Bacon or Turkey Sausage Link
\$3 Per Person

Vegetable Frittata
\$4 Per Person

Avocado Toast With Four Grain Bread
\$4 Per Person

Assorted Sweets
\$3 Per Person

BREAKFAST BEVERAGES

| | |
|--------------------------|-------------------|
| Premium Coffee Service | \$2.50 Per Person |
| Bottled Water | \$2 Per Bottle |
| Imported Sparkling Water | \$3 Per Bottle |
| Assorted Soft Drinks | \$2 Per Bottle |
| Vitamin Water | \$3 Per Bottle |

\$25 Minimum Delivery Plus 7% Florida State Sales Tax

1094 Ali Baba Avenue | Opa-Locka, Florida, 33054 | 305.751.1101 | LovablesCatering.com



BUSINESS LUNCHEONS

Perfect for Your Next Office Meeting or Special Company Event.
Lovingly Crafted, Beautifully Presented.

LOVABLES MOST POPULAR WORKING LUNCH

\$12 Per Person | Minimum 10 People

Our Signature Sandwiches Come With Your Choice of Two Freshly Prepared Salads & a Dessert Tray. Mix & Match or Select From Turkey Breast, Honey Baked Ham, Spring Water Tuna, Perfectly Pink Roast Beef & Homemade Chunky Chicken Salad.

All Sandwiches are Topped With Lettuce, Tomato, Mayonnaise & Mustard on the Side. Served on Fresh Rolls.

THE DELI EXECUTIVE

\$14 Per Person | Minimum 15 People

Assortment of Fine Meats & Cheeses. Served with Assorted Freshly Baked Breads, Lettuce, Tomatoes, & Condiments.

Choose Two of Our Freshly Prepared Salads & Top It off With Our Delicious Desserts.

SIGNATURE BOX LUNCH

\$14 Per Person | Minimum 10 Persons

We Create a Gourmet Meal That Is Self-Contained, Portable & Sure to Impress.

Each Box Includes a Plated Meal With a Fork, Knife, Napkin, Fresh Fruit, Cup of Salad, Chips, Mini-Muffin & a Dessert Treat.

Select from Turkey, Roast Beef, Spring Water White Tuna, Homemade Chicken Salad, Ham & Cheese.

PETITE BASKET LUNCH

\$10 Per Basket | Minimum 10 Persons

For the Get-Together With No Muss, No Fuss & No Clean Up.

Each Basket Includes a Salad, Fresh Fruit & a Dessert Treat. Assorted Sandwiches are Nicely Garnished.

Select From Turkey, Roast Beef, Spring Water White Tuna, Homemade Chicken Salad, Ham & Cheese.

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THE SALAD TABLE

\$15 Per Person | Minimum 15 People | Select Up To 4
Includes Fresh Bread Rolls & a Sampling of Our Homemade Desserts

BROCCOLI VEGETABLE

A Perfect Blend of Broccoli, Carrots & Red Onion in a Parmesan Balsamic Vinaigrette

APPLE WALDORF

Our Most Popular Salad:
Crisp Apples, Walnut Dried Cranberries & Pineapple

ASIAN SALAD

Spring Mixed With Snow Peas, Almond Water Chestnuts, Mandarin Oranges, Crunchy Chow Main Noodles & Soy Ginger Dressing

COBB SALAD

Mesclun Mix, Crumbled Bacon, Chicken, Blue Cheese, Tomatoes, & Hardboiled Egg Wedges With an Herb Vinaigrette

CHICKEN CAESAR

Crispy Romaine, Freshly Shredded Parmesan & Toasted Croutons With Tender Grilled Chicken

HOUSE SALAD

A Delightful Medley of Greenleaf Arugula, Radicchio, Belgian Endive, Seasonal Vegetables, & Spinach With Dressing

GRILLED VEGETABLES

Medley of Fresh Seasonal Vegetables

PASTA PRIMAVERA

Rotini Pasta, Asiago, Tomatoes & Black Olives

RAMEN NOODLE SALAD

Ramen Noodles With Broccoli in a Ginger Soy With toasted Sesame Seeds

AMERICAN POTATO

Creamy Idaho Potatoes With a Zing!

SEAFOOD

Carb Meat, Salad Shrimp, Sautéed Red Pepper & Scallions in a Honey Mayonnaise

ORZO

Orzo Pasta with sliced Black & Green Olives, Pimentos in a Lemon Vinaigrette

ANTIPASTO

Meat, Cheese, & Vegetables

CAPRESE

Fresh Mozzarella, Plum Tomatoes, Basil Leaves With Balsamic Vinaigrette

CHUNKY CHICKEN

Our Famous Chicken Salad

FARFALLE

Bow-Tie Pasta, Chicken, Spinach in a Dijon Balsamic Vinaigrette

PENNE CON POLLO

Penne Pasta & Chicken in a Lemon Mayo

PESTO TORTELLINI

Tri-Color Cheese Tortellini With Herb Pesto Sauce

SPRING WATER TUNA

Tuna in Our Traditional Lemon Mayo

MARILYN'S COUNTRY COLESLAW

Creamy Slaw

FRESH FRUITS

Fresh Cut Seasonal Fruit Salad



ENTRÉES

Served With Bread, Butter, & Lovables Signature Dessert

PASTAS

\$13 Per Person | Minimum 10 People | Your Choice of Antipasto, Caesar or Tossed Salad

FARFALLE ALLA CAMPAGNA

Bow-Tie Pasta, Fresh Mozzarella, Fresh Tomatoes & Basil Drizzled
With Extra Virgin Olive Oil

RIGATONI SALSICCIA

Italian Sausage & Bell Peppers in a Rich & Zesty Marinara Sauce

PASTA AL FORNO

Baked Penne With Spinach & Ricotta Cheese & Our Classic Marinara Sauce

TORTELLINI

Roasted Eggplant, Zucchini & Sun-Dried Pesto Sauce

PENNE RUSTICA

Sautéed Garden Fresh Vegetables in a Light Garlic Olive Oil
& Dusted With Bread Crumbs

PENNE ALLA GENOVESE

Vine-Ripe Tomatoes, Pesto & Pine Nuts, Simple & Superb

LASAGNA

Lovables Signature Meat or Vegetables

THREE-CHEESE BAKED ZITI

Penne Pasta, Ricotta Cheese, Mozzarella, Parmesan, & Marinara Sauce

GRILLED CHICKEN PENNE

Tomatoes, Fresh Garlic & Basil in Extra Virgin Olive Oil

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HOT ENTRÉES

Served with Bread, Butter, & Lovables Signature Dessert

\$14 Per Person | Minimum 10 People | Your Choice of Rice or Potatoes & Salad

LEMON CHICKEN

Chicken Breast in a Pepper Crema Sauce

CHICKEN PARMIGIANO

Breaded Chicken Breast With Melted Mozzarella Covered in a Rich Tomato Basil Sauce, Sprinkled With Parmesan

CHICKEN ROMA

Chicken Breast Stuffed With a Blend of Herb Tomatoes, Red Peppers, & Feta

CHICKEN MARSALA

Breast of Chicken With Mushrooms & Masala Wine

CHICKEN TERIYAKI

Boneless Breast of Chicken in Ginger Teriyaki Sauce

CHICKEN PICCATA

Lightly floured Chicken Breast with Lemon & Olive Oil

TENDERLOIN OF BEEF

Tender Pepper, Crusted Filet, Roasted & Served With Sautéed Mushrooms

\$22 Per Person Supplemental

LONDON BROIL

Grilled Marinated Flank Steak With Red Wine Mushroom Demi-Glace

SAVORY TURKEY OR GROUND BEEF MEATLOAF

Pan Gravy Italian Sausage & Peppers, Special Herbs & Bell Peppers, & Crusty Italian Bread

MOJO PORK TENDERLOIN

Roasted to Perfection!

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FISH ENTRÉES

Served With Our Savory Wild Rice

\$14 Per Person | Minimum 10 People | Your Choice of Caesar or House Salad

Baked Salmon

Seasoned to Perfection & Served With Sauce du Jour

Baked Florida Snapper

Oven-Baked & Dusted With Sauce du Jour

Corvina

Sautéed & Served With Cilantro White Wine Cream Sauce

ADDITIONAL OPTIONS

| | |
|------------------------------|-------------------|
| Additional Salad | \$2 Per Person |
| Grilled Veggie Platter | \$3 Each |
| Fruit & Cheese Platter | \$3 Per Person |
| Fruit Platter | \$2 Per Person |
| Assorted soft Drink | \$2 Per Can |
| Bottled Water | \$2 Per Bottle |
| Coffee | \$2.50 Per Person |
| Mini French Pastries | \$3 Per Person |
| Birthday Cake | Market Value |
| Disposable Tablecloths | \$3.75 Each |
| Upgrade Disposable Caterware | \$1.75 Per Person |

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