



# MENU

## CORPORATE BREAKFAST

**Donuts Are Overrated.** Our Breakfasts Are Designed to Taste Delicious, Look Great, & Nourish You for Success.

### LOVABLES CONTINENTAL BREAKFAST

**\$12 Per Person | Minimum 10 Guests**

Our Freshly Baked Pastry Breakfast Includes:

Bagels, Croissants, Artisanal Breakfast Breads, Cream Cheese, Jelly, Yogurt, & Orange Juice

Served with Choice of Seasonal Fruit Salad or Sliced Fruit Platter

### THE BREAKFAST YOU'VE ALWAYS WANTED

**\$26 Per Person**

Lobster & Egg Frittata Ciabatta Sandwich. Layered with Brie, Basil & Grilled Tomato

Brioche French Toast  
Topped with Sautéed Apples & Mango  
Vermont Maple Syrup

Fresh Berries, Vanilla Yogurt & Granola Dust

Pan-Seared Steak & Organic Egg Scramble, Melted Jack Cheese, Caramelized Onions

Served with Orange Juice

### HAVANA EXPRESS

**\$14 Per Person | Minimum 15 Guests**

Freshly Baked, Traditional Latin Calle Ocho Pastries. Guava, Queso & Carne Pastellitos, Croquetas, Fresh Cuban Bread, & Orange Juice

Served with Choice of Seasonal Fruit Salad or Sliced Fruit Platter

### À LA CARTE

**These Items May Be Added to Your Breakfast:**

Our House Quiche of the Day  
\$4 Per Person

Smoked Salmon, Tomatoes, Onions, Capers  
\$6 Per Person

Crispy Bacon or Turkey Sausage Link  
\$3 Per Person

Vegetable Frittata  
\$4 Per Person

## BREAKFAST BEVERAGES

Premium Coffee Service	\$2.50 Per Person
Bottled Water	\$2 Per Bottle
Assorted Soft Drinks	\$2 Per Bottle

Includes Complimentary Caterware

**\$35 Minimum Delivery Plus 7% Florida State Sales Tax**

1094 Ali Baba Avenue | Opa-Locka, Florida, 33054 | 305.751.1101 | info@lovables catering.com



## **BUSINESS LUNCHEONS**

Perfect for Your Next Meeting or Special Event.  
Lovingly Crafted, Beautifully Presented.

### **LOVABLES MOST POPULAR WORKING LUNCH**

**\$12 Per Person | Minimum 10 Guests**

Mix & Match or Select from Turkey Breast, Honey Baked Ham, Spring Water Tuna, Roast Beef & House Made Chicken Salad, Grilled Vegetable & Hummus

Topped with Lettuce, Tomato, Mayonnaise & Mustard on the Side

Served on Fresh Rolls & Bread

Your Choice of Two Freshly Prepared Salads & a Dessert Tray

### **THE DELI EXECUTIVE PLATTER**

**\$13.75 Per Person | Minimum 15 Guests**

Assortment of Fine Meats & Cheeses. Served with Assorted Freshly Baked Breads, Lettuce, Tomatoes, & Condiments

Your Choice of Two Freshly Prepared Salads & House-Made Desserts

### **PETITE BASKET LUNCH**

**\$10 Per Basket | Minimum 10 Guests**

Your Choice of:  
Turkey, Roast Beef, Spring Water White Tuna, House-Made Chicken Salad, Ham & Cheese

Includes a Petite Salad, Fresh Fruit & Dessert

### **SIGNATURE BOX LUNCH**

**\$14.75 Per Person | Minimum 10 Guests**

Your Choice of:  
Turkey, Roast Beef, Spring Water White Tuna, House-Made Chicken Salad, Ham & Cheese, Grilled Vegetable & Hummus

Includes Plated Meal with Wrapped Silverware, Fresh Fruit, Petite Salad, Chips, & Dessert

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# THE SALAD TABLE

**\$14.25 Per Person | Minimum 15 Guests | Select Up To 4**  
Includes Fresh Bread, Butter & House-Made Dessert

## TUSCAN KALE SALAD

Shaved Parmesan, Dried Currants,  
Squeeze of Lemon, Olive Oil

## GREEK SALAD

Romaine Lettuce, Feta Cheese, Roasted  
Peppers, Cucumber, Tomatoes,  
Chickpeas, Olives, Mediterranean  
Vinaigrette

## HOUSE SALAD

Assorted Greens, Oranges,  
Sliced Tomato & Hearts of Palm

## GRILLED VEGETABLES

Medley of Fresh Seasonal Vegetables

## PASTA PRIMAVERA

Rotini Pasta, Asiago,  
Tomatoes & Black Olives

## ROASTED CHICKEN SALAD

Light Mayo, Herbs & Diced Celery

## CHICKEN CAESAR

Crispy Romaine, Freshly Shredded  
Parmesan & Croutons with  
Grilled Chicken  
*Grilled Shrimp - \$6 Supplemental*

## SPICY THAI BEEF SALAD

Sliced Angus Beef Over Lettuce,  
Cucumbers, Marinated Carrots,  
Slivered Onion, Sweet &  
Spicy Thai Dressing

## RED BLISS POTATO SALAD

Fresh Scallions, Mayo  
& Touch of Crème Fraiche

## ANTIPASTO SALAD

Chopped Greens, Artisanal Meats,  
Cheeses, Olives, Pepperoncini,  
Tomato, Jersey Shore Vinaigrette

## CAPRESE

Fresh Mozzarella, Plum Tomatoes,  
Basil Leaves with Balsamic  
Vinaigrette

## FRESH FRUITS

Fresh Cut Seasonal Fruit Salad

## BROCCOLI VEGETABLE

A Perfect Blend of Broccoli,  
Carrots & Red Onion in a Parmesan  
Balsamic Vinaigrette

## FLORIDA CEVICHE SALAD

Citrus Marinated Local Fish, Jicama,  
Greens, Charred Corn, Tomato &  
Cilantro. Served with Yuca Chips

## SPRING WATER TUNA

Tuna in our Traditional Lemon Mayo

## POACHED SALMON SALAD

Basil, Wheat Berries, Arugula, Dried  
Cranberries, Grilled Apples,  
Citrus Dressing - *\$3 Supplemental*

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## PASTA ENTRÉES

Served With Bread, Butter, & Lovables Signature Dessert

\$13.50 Per Person | Minimum 10 Guests | Your Choice of Antipasto, Caesar or Tossed Salad

### **BOW-TIE PASTA** V

Fresh Mozzarella, Fresh Tomatoes & Basil, Drizzled  
with Extra Virgin Olive Oil

### **THREE-CHEESE BAKED ZITI** V

Penne Pasta, Ricotta Cheese, Mozzarella, Parmesan, & Marinara Sauce

### **PASTA AL FORNO** V

Baked Penne with Spinach & Ricotta Cheese & Our Classic Marinara Sauce

### **PENNE ALLA GENOVESE** V

Pesto & Pine Nuts, Simple & Superb

### **GRILLED CHICKEN PENNE**

Tomatoes, Fresh Garlic & Basil in Extra Virgin Olive Oil

### **LASAGNA**

Lovables Signature Meat or Vegetable

### **RIGATONI SALSICCIA**

Italian Sausage & Bell Peppers in a Rich & Zesty Marinara Sauce

### **PENNE SEAFOOD PASTA**

Sautéed Scallops, Crab & Shrimp Served with Your Choice of:  
Pesto Sauce, Alfredo Sauce or Tomato Sauce

*\$5 Supplemental*

### **SHRIMP FRA DIAVOLO**

Pan-Seared Jumbo Shrimp, Linguini, Plum Tomatoes, Chili  
Pepper, Fresh Herbs

*\$8 Supplemental*

**V = VEGETARIAN**

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## HOT ENTRÉES

Served with Bread, Butter, & Lovables Signature Dessert

\$14.25 Per Person | Minimum 10 Guests | Your Choice of Rice or Potatoes & Salad

### LEMON CHICKEN

Pan Seared Natural Chicken Breast,  
Lemon Sauce

### CHICKEN MARSALA

Breast of Chicken with Mushrooms  
& Masala Wine

### CHICKEN CHURRASCO

Boneless Chicken Thighs, Marinated in  
Chimichurri Sauce, Char-Grilled

### CHICKEN STIR-FRY

Napa Cabbage, Chestnuts,  
Broccoli, Brown Rice  
*Add Shrimp - \$5 Supplemental*

### MEXICAN CHICKEN BOWL

House Salsa, Chipotle Aioli,  
& Tortilla Chips  
*Add Shrimp - \$8 Supplemental*  
*Add Lobster - \$10 Supplemental*

### MOJO PORK TENDERLOIN

Served Sliced

### VEGAN ROASTED PORTABELLO MUSHROOM STACK **V**

Layered with Melted Vegan Mozzarella,  
Basil, Roasted Tomato Sauce

**V** = VEGAN

### SHRIMP JAMBALAYA

Chicken Sausage, Peppers,  
Spring Onions

### GRILLED SALMON

Soy-Ginger Glaze

### PAN-SEARED FLORIDA SNAPPER

Topped with Chayote Slaw,  
Orange Reduction  
*Market Price*

### TURKEY & MUSHROOM MEATLOAF

Pan Gravy

### GUAVA BBQ ST LOUIS RIBS

10 Hour Smoked  
*\$5 Supplemental*

### STEAK FLORENTINE

Wilted Spinach, Port  
Demi-Glace  
*\$5 Supplemental*

### TENDERLOIN OF BEEF

Tender, Peppercorn Crusted Filet,  
Roasted & Served with Sautéed Mushrooms  
*\$7 PP Supplemental*

### LONDON BROIL

Grilled Marinated Flank Steak with  
Red Wine Mushroom Demi-Glace  
*Market Price*

**Double Entrée Selections are \$18.50 Per Person**

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## ADDITIONAL OPTIONS

### DESSERTS

Alvin's Apple Tart Tatin	Slice - \$4 / Whole - \$35
Flourless Chocolate Torte	\$4 Each
Grilled Angel Food Cake (Fat Free)	
- Tropical Fruit Compote	\$3.75 Each

### OTHER

Grilled Veggie Platter	\$3 Per Person
Fruit & Cheese Platter	\$2.50 Per Person
Fruit Platter	\$2 Per Person
Assorted Soft Drink	\$2 Per Can
Bottled Water	\$2 Per Bottle
Coffee	\$2.50 Per Person
Assorted Chips	\$1.50 Per Person
Birthday Cake	Market Value
Disposable Tablecloths	\$3.75 Each
Upgrade Disposable Caterware	\$1.75 Per Person

**ALL DELIVERIES ARE CONTACTLESS.  
OUR PROFESSIONALLY TRAINED CHEFS & STAFF ARE REQUIRED TO  
UPHOLD THE HIGHEST LEVELS OF HYGIENE, SAFETY, & HEALTH CODE.  
THANK YOU FOR YOUR SUPPORT!**

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